



Reflection (Questions to Ask Ourselves) ~Toward Achieving Our Dreams and Goals~

At the opening ceremony, I introduced the proverb, "Seeing is believing," along with two related ideas: "Seeing a hundred times is not as valuable as thinking once," and "Thinking a hundred times is not as valuable as taking action once." It is not enough to simply see or hear things. What truly matters is to think for oneself and put those thoughts into action. Looking back on the first semester, if students have been able to take such actions even once or twice more than before, that can be seen as real growth.

At a recent school assembly, the Chair of the Life Committee, [REDACTED], announced this month's school goal: "Reflect on the first semester and have a healthy and fulfilling summer vacation." **To achieve this goal, three key points were presented:** (1) maintain a neat appearance, (2) reflect on the first semester, and (3) make plans for the summer vacation. Students were encouraged not to give in to the heat or to the feeling of "this is good enough," but instead to **review these three key points and prepare carefully now.** In particular, reflection is an important opportunity to recognize **your strengths** with confidence, while also identifying areas for improvement and leading oneself toward better behavior **before our summer break.**

- <Reflection Points>
- How focused were you? And did you turn in all your assignments?
 - Did you take responsibility in your class duties and committee activities?
 - How was your attitude in club activities and in your daily school life?

The Japanese national soccer team also gave courage and inspiration to many people during the FIFA World Cup. The players, coaches, and staff worked hard every day to achieve their big goal of winning the tournament. During the matches, they supported one another and communicated well to overcome challenges. Their teamwork and continuous efforts earned praise from people around the world.

After the Noto Peninsula Earthquake, the national team's head coach Hajime Moriyasu visited the affected areas many times. He spent time with children, took part in volunteer activities, and encouraged people by saying, **"We will do our best to become number one in the world. I know people in Noto are going through a difficult time, but let's keep doing our best together!"** Player Ao Tanaka also visited Noto. Many people were impressed by his sincere and humble attitude. He was kind and respectful to everyone he met. These qualities were not built in a single day. They grew through his everyday actions and habits.

Big dreams and goals cannot be achieved with just one great effort. They are reached by doing the things we can do every day and by overcoming the small voice that says, "This is good enough." **Step by step, these daily efforts help our dreams come true.** Now is a good time to look back on the first school term and ask yourself what you have learned. Let's use those lessons during the summer vacation and in our school life from now on.

School Principal Fumiyo Kakimoto

July

- 1(W) School assembly
Prefectural Tournament Pep Rally
- 2(Thu) Final exam
- 3(F) Final exam • Student council
School fee withdrawal date
- 10(F) Open school day
- 11 (Sat) 12 (Sun) Prefectural Tournament
Basketball/Track and Field
Tennis/ Table tennis
- 15 (W) Sports Festival Meeting
- 18 (Sat) Prefectural Tournament (Kendo)
- 19(Sun) Hasebe Festival (Opening: Brass band)
- 22 (W) End of the First Term Ceremony
- 23 (Thu) Parent-Teacher Conferences
- 24 (F) Parent-Teacher Conferences
- 25 (Sat) Brass Band Summer Concert



Summer break~Events for the 2nd Semester

- July 27 (M) 2nd grade School Attendance Day
- 28 (Tue) 2nd grade Workplace Experience Program
- 29 (W) 2nd grade Workplace Experience Program
- 30(Thu) 2nd grade School Attendance Day
- August 3 (M) School fee withdrawal date
- 6 (Thu) All School Attendance Day
- 8-17 School Closed
- 23 (Sun) Parent-Student Volunteer School Cleaning
- 25 (Tue) School Evaluation Committee Meeting



Second Semester

- September 1 (Tue) Opening Ceremony
- 16 (W) Sports Festival
- September 29 - October 1: 3rd grade School Trip
(Kanto Area)
- October 31 (Sat) School Cultural Festival
(Substitute Holiday: November 2)

~ Cultural Experiences (Orchestra and Noh), Community Clean-up, and the Noto District Tournament ~

Our Second Gym Turned into a Concert Hall

On Friday, June 5, our school held a concert by the Ensemble Kanazawa Orchestra as part of the Prefectural Arts Appreciation Program. The musicians introduced the orchestra and its instruments, and performed famous classical pieces as well as a medley of popular band hits. During the concert, some student representatives had a chance to experience conducting the orchestra. The one-hour concert was a wonderful and enjoyable experience for everyone. Here are some comments from the students.



The most memorable piece was "Dance of the Savages" from *The Polovtsian Dances*. We enjoyed stomping our feet and clapping our hands together with the music. I would like to listen to the Ensemble Kanazawa Orchestra perform again.

I was happy to see many different musical instruments in person. I was especially glad to see the string instruments, the oboe, and the bassoon because I don't have many chances to see or hear them. It was a great experience.

There were many songs I knew, so I had a great time. I hope the orchestra will come again next year. If they do, I would like to try being a conductor.

Seeing the instruments and listening to the music in person was very exciting. It felt much more powerful than I expected. I was also happy to see the orchestra members playing with great concentration and smiling while they performed.

Anamizu JHS Students Do Community Clean-up

On Thursday June 11th, each class went to different areas of Anamizu and took part in a community clean-up. We carried out the activity with gratitude for the local community that always supports us. When we met local people, we greeted them cheerfully with "Hello," showing the energetic spirit of junior high school students.

Through this activity, we had a chance to think about our relationship with the community and environmental issues. We hope to use what we learned in our future actions.



Experiencing Traditional Performing Arts: 2nd grade Noh



Mr. Daijiro Tatsumi, a Noh performer of the Hosho style, has been visiting junior high and high schools in the Noto area to hold Noh workshops. On June 22, he visited Anamizu Junior High School and performed Noh while teaching students about its history and traditions. It was a valuable opportunity for everyone to experience this traditional Japanese performing art firsthand.



Students Gave Their Best at the Noto District Tournaments

Our students gave their all at the All-Noto Track and Field Meet on May 29 and the Noto District Tournaments held on June 13-14 and June 20-21. The following club teams have qualified for the prefectural tournament. Please continue to cheer on the students of Anamizu Junior High School as they take on the next challenge!

